

THESE ARE THE THINGS THAT  
KEEP ME MOTIVATED DURING MY

# SALES JOURNEY



# WHETHER YOU OWN A BUSINESS OR YOU'RE SALES PROFESSIONAL,

**YOU KNOW SALES IS TOUGH  
SALES CAN MAKE YOU FEEL DEMOTIVATED  
RUNNING OUT OF TIME TO REACH YOUR TARGET GOAL  
HECTIC & STRESSFUL**

**THEREFORE, I FOLLOW THESE STEPS TO  
MAKE MY JOURNEY A BETTER ONE**

**SWIPE NOW**

# **1. BY PLANNING, VISUALISING, MENTALLY PREPARING FOR A POSITIVE OR A NEGATIVE OUTCOME**

# 2. THROUGH EXERCISING, EATING HEALTHY AND SLEEPING ENOUGH. (IT HELPS TO KEEP THE ATTITUDE POSITIVE)

**3.** AND A JOKE!! I FIND A GOOD JOKE FOR THE DAY AND ENGAGE WITH THE PEOPLE WHO ARE FULL OF LIVELINESS AND JOY.  
(PUT A PHOTO OF JOKE)

# **4. REVIEW YESTERDAY'S MISTAKES & LEARNINGS AND NOTE THEM DOWN**

# 5. FRESH CALLS TO MY CLIENTS TO KEEP THE RELATIONSHIP ALIVE AND STRONG



# 6. TELLING YOURSELF "QUITTING" ISN'T THE WAY TO SUCCESS



**ARE YOU KEEPING  
YOURSELF  
MOTIVATED ?**

POSITIVITY TOWARDS ANY PROBLEM  
MAKES IT EASY TO FACE IT

